

Jellied Ginger-Upper *Lunch Day 8*

Ingredients:

- 1 cup red Jell-O (any flavor)
- 1 ¾ cups boiling water
- 1 ½ teaspoons lemon juice
- 1 ¾ cups cold Shasta Lemon Lime or 7-UP
- 2 cups drained crushed pineapple

Instructions:

1. Dissolve Jell-O in boiling water.
2. Add Shasta Lemon Lime, crushed pineapple, and lemon juice.
3. Pour into a 13" X 19" pan and chill. Cut into 2" X 2" squares and dish up.

Makes 16 - 20 servings

Tapioca Pudding *Lunch Day 8*

Ingredients:

- 1 package Americana Tapioca Pudding Mix (24 oz)
- 1 gallon 2 % milk

Instructions:

1. **Heat** 1 gallon milk in steam-jacketed kettle until very hot (180 degrees F. to 185 degrees F.).
2. **Stir** contents of package into very hot milk using wire whisk. Cook 5 minutes or until mixture boils around edge of pan, stirring frequently.**

**** Cook 8 minutes over direct heat, stirring constantly or 10 minutes in double boiler.**

3. **Pour** immediately into shallow pan. Cool 20 minutes, stirring occasionally to prevent formation of skin.
4. **Stir** well, cover surface with plastic wrap. Chill. The mixture will continue to thicken as it chills. Dish up.

Makes 32-½ cup servings

Strawberry Shortcake *Supper Day 8*

Preheat oven to 350 degrees F.

Baking time 28 - 33 minutes

Ingredients:

- 1 box Betty Crocker white cake mix (1 Lb. 2.5 ounces or 18.25 ounces)
- 1¼ cups water
- 3 egg whites

Strawberry Shortcake *Supper Day 8 (continued)*

Instructions:

1. **Grease** or spray **bottom only** of pan.
2. Beat cake mix, water, oil, and egg whites on **low speed 30 seconds**
3. Beat on medium speed for 2 minutes scraping bowl occasionally.
4. Pour into 13" X 9" pan
5. Bake for 28 to 33 minutes at 350 degrees F. It is done when a toothpick inserted in center comes out clean and cake is pulling slightly from sides of pan.
6. When cooled, cut into serving sizes and add strawberries and whipped topping.

Makes 10 - 12 servings

HIGH ALTITUDE (3500-6500 feet): Do not use 8" round pans.

If using **egg whites**, baking times (in minutes):

13" X 9" is 30 - 35 minutes.

9" round pans bake time is 25 - 30 minutes.

Bunt Pans bake time is 40 - 45 minutes.

If using **whole eggs**, baking times (in minutes):

13" X 9" is 33-38 minutes.

9" round pans bake time is 28 - 32 minutes.

Bunt Pans bake time is 43 - 48 minutes.